



# SIRAPRAPA VONGSENA

Nickname: Lanna

Date of birth: 21 November 1996

Age: 23 Sex: Female

Marital status: Single

Nationality: Thai

Religion: Buddhism

Weight: 67 Height: 174

## CONTACT

097-965-1524

lannasrpp@gmail.com

88/2 Moo.13 Padaea,  
Mueng Chiang Mai 50100

## EDUCATION

- 2006 - 2014 The Prince's Royals College
- 2015 - 2016 Chiang Mai University, Faculty of Agro-industry, Major Packaging technology
- 2016 - 2020 University of Phayao, School of Nursing (GPA 3.62)

## SKILLS

- Well-disciplined individual
- Knowledgeable in nursing practice
- Knowledgeable in hospitality and service operation
- Knowledgeable in writing and conversational in English and Thai
- Attentive to details
- Teamwork
- Microsoft office

## WORK EXPERIENCE

### Nursing Practicum 1

Medical ward, Phayao Hospital (July 2018)

### Practicum in Maternal and Newborn Nursing and Midwifery 1

ANC, Chiang Rai Prachanukroh Hospital (July 2018)

### Nursing Practicum 2

Mae Na rue Health Promoting Hospital, Phayao (October-November 2018)

### Practicum in Maternal and Newborn Nursing and Midwifery 2

Labor room & Postpartum care, Nan Hospital (November-December 2018)

### Nursing Practicum 3

Female Medical ward, Phayao Hospital (February 2019)

Male Surgical ward, Chiang Rai Prachanukroh Hospital (March 2019)

Pediatric ward, Chiang Rai Prachanukroh Hospital (March 2019)

### Practicum in Community Health Nursing 1

Ban Tum Health Promoting Hospital, Phayao (April-May 2019)

### Nursing Practicum 4

Suan Prung Psychiatric Hospital (August-September 2019)

### Nursing Practicum 5

ICU, Phayao Hospital (October 2019)

Sub ICU, Phayao Hospital (October 2019)

NICU, Phayao Hospital (November 2019)

### Practicum in Maternal and Newborn Nursing and Midwifery 3

Labor room & Postpartum care, Chiang Rai Prachanukroh Hospital (November-December 2019)

### Practicum in Community Health Nursing 2

Dong Chen Health Promoting Hospital, Phayao (December 2019-January 2020)

### Practicum in Primary Medical Care

ER, Wiang Pa Pao Hospital, Chiang Rai (January 2020)

### Professional Nursing Practice

Female Surgical ward, Phayao Hospital (February-March 2020)

## EXTRA CURRICULAR ACTIVITY

- **The 4th Health, Research, & Innovation Student Forum: Today's Students, Tomorrow's Health professionals, University of Phayao (June 2019)**
- **Summer course 2018, England (May-June 2018)**
- **โครงการสร้างสัมพันธ์ 3 สถาบันพยาบาลภาคเหนือ, Phayao (February 2018)**
- **2018 Thailand University Games, Phatum Thani (January 2018)**
  - Badminton player
- **โครงการพัฒนาและส่งเสริมนิสัยผู้นำสุขภาพ, Phayao (January 2018)**
- **The 2nd Health, Research, & Innovation Student Forum: Today's Students, Tomorrow's Health professionals, Boromarajonani College of Nursing, Phayao (July 2017)**
- **UP Game 2016, Phayao (March, 2017)**
  - Cheerleader
- **2017 Thailand University Games, Nakhon Ratchasima (February 2017)**
  - Badminton player
- **โครงการสร้างสัมพันธ์ 3 สถาบันพยาบาลภาคเหนือ, Phayao (January 2017)**
- **โครงการพัฒนาและส่งเสริมนิสัยผู้นำสุขภาพ, Phayao (January 2017)**
- **UP Freshmen Night 2016, Phayao (2016)**
  - 2nd runner up
  - Miss Congeniality 2016