

Werawat Wannasaksri



Date of birth: 28 November 1993
(27 years old)

Height: 170 cm

Weight: 58 kg

BMI: 20.07 kg/m²

Blood Type: A

Career objectives: To be a dietitian who specializes in the hospital nutrition system including

- Nutrition administration,
- Food service,
- Clinical nutrition,
- Nutrition education,
- And other related fields.



Education

2019 - M.Sc. Nutrition and Dietetics,
Mahidol University, Thailand

2015 - B.Sc. Public health,
Major Health Promotion,
Thammasat University, Thailand



Research Experience

Nutritive Values and Health Properties
of 4 Varieties of *Adenia viridiflora* Craib



Internship Experience

Place	Topic
Ramathibodi Hospital	Food service
	EN and PN
Phramongkutklo Hospital	Metabolic Syndrome
Siriraj Hospital	CKD with HD
Banphaeo General Hospital	CKD with PD
Central Chest Institute of Thailand	DLP, Lung disease and Cardiovascular disease
Bhumibol Adulyadej Hospital	Cancer
The Diet Pump Co., Ltd.	Nutrition for athletic performance

Remark: Internships during master's degree for 960 hours.



Job Experience

August 2020 - current :

Chief of Nutrition Department, Kasemrad Hospital, Chachengsao branch

Impressive work:

- ★ Administration:
 - Resource managed under the covid-19 situation.
 - Work procedures re-organized.
 - Raw material handling improved.
- ★ Food service:
 - Menu cycle created.
 - Hospital diet standards established.
- ★ Clinical nutrition:
 - MNT system established for CKD patient with HD.
 - MNT system established for IPD patient.
- ★ Nutrition education:
 - Nutrition education provided in various activities such as World Diabetes Day, infographic content creator, and hospital advertising.



SKILLS

Linguist ability



: Native



: Good

(TOEIC : 665/990)

Computer skills



Microsoft Office



Photoshop



SPSS analysis



INMUCAL

CONTACT

Address

209 Village No. 5, Hangnamsakon,
Manorom, Chainat, Thailand 17170



Phone : 083-9553918



Email: werawat.wannasaksri@gmail.com