
Sirawich Chaipanya

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Professional summary

- Customer service professional with teaching and training experience
- Received [TRC] BLS Provider for Non-HCP certificate from Thai Resuscitation Council
- Experience for exercise class leader(BODYCOMBAT) and personal trainer
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Education

2017-2020 Bachelor of Science in Sports Science with Second Class Honor, Mahidol University

Experience

PEAK FITNESS at SCG Health Club, Trainee 2021

- Fitness instructor weight training (group/personal)
- Group exercise training
- Circuit training and functional training
- Class leader experience (BODYCOMBAT)
- Passive stretching

AMP Aqua, Teacher Assistant 2020

- One by one aqua aerobic (for beginner)
- Aqua aerobic teacher of small group
- Aqua aerobic by English
- Emergency situation response Ex. Cramp
- Low impact exercise for conditioning member

College of Sports Science and Technology, Swimming Teacher 2020

- Kids and Teenagers swimming teacher
- Take home exercise for good posture
- Practice class for beginner

Chulabhorn Hospital, Observed Trainee 2020

- Observed rehabilitation
- Microsoft Office using
- Specific programming for rehabilitation
- Follow up treatment and working with Physical Therapist

Skill

- Be able to leading the exercise class(BODYCOMBAT)
- Communication to make the customer service run smoothly
- Experience first aid and CPR training
- Effectively rehabilitation and patient treatment
- Working as a team with others to accomplish the goal