



Aumaporn Palong

Registered Nurse, Medical Surgical Nurse

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PROFESSIONAL SUMMARY

Compassionate Registered Nurse accustomed to treating diverse patient needs while managing dynamic conditions. Offering excellent clinical knowledge, judgement and problem-solving abilities with 3+ years of experience providing quality, overseeing exceptional patient-centered care in hospital. Seeking to use earned skills and knowledge to assist the hospital in a nursing role. Motivated individual with strong work ethic and ability to work independently. Strong organizational and team collaboration skills with experience in improving processes.

Proven to ably handle medical emergencies or situations, with the requisite skill set to perform under pressure. Especially, in high-stress situations were handled problems carefully and excel at communicating with cross-functional medical staff while facilitating optimal efficiency and accuracy. Additionally, excellent interpersonal skills. Calm and levelheaded with ability to use polite verbal communication skills and understanding with multicultural patients and their families.

SKILLS

- Trilingual in English, Thai and Lao
- Patient education and family support
- Patient Condition Monitoring
- Compassionate and Caring
- Basic life support (BLS)
- Palliative Care
- Standard Precaution
- Referral patient's cardiovascular
- Pre and post-surgical
- Performing and Monitoring EKG
- Geriatric treatment knowledge
- SBAR communication
- Immunizations and Vaccinations
- Procedure Assistance
- Monitoring Vital Signs
- Patient Examination
- Medical Procedure Preparation
- Patient Care Oversight
- Infection Control Procedures
- Rehabilitation Assistance
- Chronic disease management
- Strong Clinical Therapy
- Friendly, positive attitude
- Hospital Experience; Highly organized and strong attention to detail
- Multidisciplinary team collaboration
- Care Coordination
- Culturally sensitive
- Cardiopulmonary Resuscitation (CPR)
- Continuous ambulatory peritoneal dialysis (CAPD)
- Tuberculosis Care
- Wound care
- Proper Catheter Care
- Intravenous therapy; Medication Administration
- Comprehensive geriatric assessment (CGA)
- Nurse Note Electronic
- Diet and Nutrition education
- Critical Thinking
- Clear Patient Communication
- Patient Care Assessment
- Preventive Healthcare
- Creative Problem Solving
- Convalescent Care
- Critical care; Shock, Sepsis, Cardiovascular, 6H
- Professionalism and strong work ethic

WORK HISTORY

Registered Nurse: Lerdsin hospital, Silom, Bangkok, 06/2018 – CURRENT

- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches for development individualized treatment plans
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collaborated with interdisciplinary healthcare personnel to meet patients' personal, physical, psychological and cognitive needs
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management
- Managed patients recovering from medical or surgical procedures, including facilitating wound care, ostomy care, pressure ulcer prevention and pain management
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions
- Implemented interventions, including medication and IV administration, catheter insertion and airway management
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care
- Equipped patients with tools and knowledge needed for speedy and sustained recovery
- Educated patients and families on medical-surgical procedures, therapeutic regimens and pain management techniques
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
- Effectively prioritized assignments, executing care based on each patient's relative condition
- Provided skilled, timely and level-headed emergency response to critically-ill patients
- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity
- Facilitated therapeutic communication, conflict resolution and crisis intervention by redirecting negative behaviors and helping patients regain or improve coping abilities to prevent further disability
- Managed care for post-operative patients from initial recovery through discharge
- Update knowledge evident based practice for using with patients
- Specialized on providing care for patients with life-threatening and chronic illnesses, including infectious disease - Maintained inventory of all sanitation supplies used to disinfect patient areas
- Caring for critically patients with COVID-19 infection in the ICU Cohort ward
- Coordinated and implemented in-service educational programs focusing on safety and adherence to protocols
- Gathered dietary information, assisted with feeding and monitored intake to help patients achieve nutritional objectives and support wellness goals
- Helped patients effectively manage routine bathing, grooming and other hygiene needs

CERTIFICATIONS

- Registered Nurse in Thailand, License number 6111283391
- Infusion Therapy in Emergency
- Being a Good Government Officer Curriculum
- Advanced Cardiac Life Support
- Child Abuse and Maltreatment
- Infection Control

EDUCATION

- Bachelor of Science: Nursing, 06/2018
Second Class Honors in Bachelor of Nursing Science, Boromarajonani College of Nursing, Bangkok
 - Specialist: Continuing education
Program of Nursing Specialty in Gerontological Nursing
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